

# CASL's OFFICIAL Youth Soccer

## Under 9 /10 YTS Program 6V6 & 8V8 Pool

Effective Spring 2010



### Philosophical

1. Because we want our young soccer players to have more *individual teaching time* with the coach! Fewer players on the field will guarantee this! (Need to feel worthy...need to feel important?)
2. Because we want to distance our young soccer players from the external undo pressures of the adult game. (eliminate extrinsic value)
3. Because we want our young soccer players to enjoy the game for its own sake. (foster intrinsic value)

### Educational

1. Because we want our young soccer players to touch the soccer ball more often and become *more skillful* with it! (Individual technical development)
2. Because we want our young soccer players to make *more quality decisions* during the game! (Tactical development)
3. Because we want our young soccer players to be more physically *efficient* in the field space in which they are playing! (Reduced field size)
4. Because we want our young soccer players to have *more involved playing time* in the game! (More opportunity to solve problems that only the game presents)
5. Because we want our young soccer players to have *more opportunities to play on both sides of the ball!* (More exposure to attacking and defending situations)
6. Because we want our young soccer players to have *more opportunities to score goals and make saves!* (Pure excitement) The "Small-Sided" environment is a *developmentally appropriate environment* for our young soccer players. It's a **FUN** environment that *focuses on the player.*

**CAPITAL AREA SOCCER LEAGUE**

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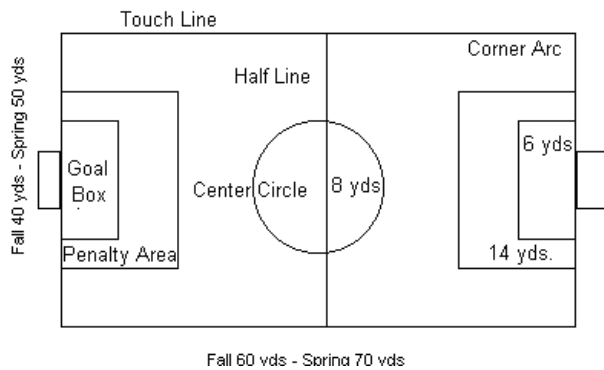
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## CASL Youth Soccer YTS Under 9/10 6V6 and 8V8 Pool Official Laws

### 6V6 Matches

#### Law I - The Field:

- Dimensions:  
The field of play shall approximately 60 x 44 yards.
- Markings:
  - Distinctive lines not more than 5 inches wide.
  - A halfway line shall be marked out across the field.
  - A center circle with an eight (8) yard radius.
  - Four corner arcs with a two (2) foot radius.
  - Goal area: six (6) yards from each goal post and six (6) yards into the field of play, joined by a line drawn parallel with the goal line.
  - Penalty area: ten (10) yards from each goal post and ten (10) yards into the field of play. A penalty mark is made eight (8) yards from the midpoint between the goalposts and equidistant to them. An arc of a circle with a radius of eight (8) yards from each penalty mark is drawn outside the penalty area.
- Goals:  
Approximately six (6) feet high and eighteen (18) feet wide.

#### Law II - The Ball: Size four (4).

#### Law III - Number of Players:

- Maximum number of players on the field at any one time is six (6) including the goalkeeper.

- Maximum number of players on the roster should not exceed: fourteen (14).
- The minimum number of players required to begin and keep playing the match is 5 players one of which must be the goalkeeper.
- Substitutions:  
On any stoppage such as throw-in (either team), free kick, goal kick, kick-off, corner kick, or injury; unlimited substitutions.
- Players with visible blood on their uniforms or body must be substituted.

#### Law IV - Players' Equipment:

Conform to FIFA with the following exceptions:

- Footwear: Turf shoes or soft-cleated soccer shoes.
- Shin Guards: MANDATORY.
- Jewelry: Players are not permitted to wear any kind of jewelry (including pierced earrings) Tape over earrings is not acceptable. More detail can be found on the Referee Page at [www.caslnc.com](http://www.caslnc.com).

#### Law V - Referee:

- Registered referee.
- Parent/coach or assistant.
- All rule infractions shall be briefly explained to the offending player.

Law VI - Linesmen: No linesmen or assistant referee will be used.

#### Law VII - Duration of the Game:

- The game shall be divided into two (2) equal halves of 25 minutes.
- Half-time break of five (5) minutes.

#### Law VIII - Start of Play:

Conform to FIFA with the following exception:

- Opponent must be eight (8) yards from the center mark while kick-off is in progress.

Law IX - Ball In and Out of Play: Conform to FIFA.

Law X - Method of Scoring: Conform to FIFA.

Law XI - Off-Side: Conform to FIFA.

#### Law XII - Fouls and Misconduct:

Conform to FIFA except an indirect free kick is awarded to the opposing team on the center line if a

goalkeeper punts or drop-kicks the ball in the air across the center line.

#### Law XIII - Free Kick:

Conform to FIFA with the following exception:

- Opponents must be eight (8) yards away before kick is allowed.

#### Law XIV - Penalty Kick:

Conform to FIFA with the following exceptions:

- Opponents must be eight (8) yards away before kick is allowed.
- Ball is placed and kick is taken eight (8) yards from the goal line.

Law XV - Throw-In: Conform to FIFA.

Law XVI - Goal Kick: On an opposing team's goal kick, the defending team must drop back to the center line.

#### Law XVII - Corner Kick:

Conform to FIFA with the following exception:

- Opponents must be eight (8) yards away from the ball.

### 8V8 Matches

**At the end of each 6V6 match day, there will be one interclub match. This match will use all the 6V6 rules exception the field will be 70X50 and Law XVI will not be used (opponents will NOT have to drop back to the half way line during goal kicks).**

#### Special Note to Coaches/Parents:

**CASL wants coaches to teach and encourage players to be aggressive to the ball. However, CASL instructs the referees to call fouls when players are aggressive to the ball in an *unsafe or out of control manner*. Furthermore, CASL instructs referees to call fouls when players are aggressive to their opponent.**

Coaches must read the full CASL Rule Book posted on the website to insure they know CASL rules that apply to all teams such as water breaks, lightning, etc.