

RailHawks Spring Season is released. Home Opener is set for April 19th against Ft. Lauderdale. For their full schedule, <u>CLICK</u> <u>HERE</u>. Keep an eye out for more info on CASL Tower Tickets!



Get all of your soccer gear and more at CASL's Official Sporting Goods Retailer

February 15 – 17: Exclusive Shopping Days for CASL; 20% off throughout entire store

Season long coupons also available

<u>CASL</u> <u>Calendar</u>

Saturday, February 15
Girls College Combine
Cancelled – Updates to
follow

Sunday, February 23

CASL Spring Kick-Off (Rescheduled from Sunday, February 16) Recreation & Challenge Team packet pick up





CONNECTION

February 14 – 23



CASL Exclusive Shopping Days at Dick's Sporting Goods

<u>Click HERE</u> to download 20% off coupons valid 2/15 – 2/17 and <u>HERE</u> for season long coupons!

CASL families can take these coupons to most Triangle area Dick's Sporting Goods stores to stock up on all their soccer and other sporting goods needs. The exclusive shopping days are ONLY taking place this weekend. The season long coupons are valid through December 2014.



CASL Shockers (U16G) Volunteer at Food Bank of Central and Eastern NC

We love to hear all about the wonderful things our teams are doing on and off the field. As many of you know, CASL is celebrating its 40th Anniversary this year, and we are showcasing ways that our club demonstrates our mission through various soccer activities. The U16G



Shockers, a recreation team that has been together for more than six years, kicked off the spring season with a worth team building activity: volunteering at the Food Bank of Central and Eastern NC last Monday (Feb. 10). The girls sorted food for almost 1500 meals during their two hour volunteer block. Coach Steven Goldsmith, who has volunteered as the girls' coach for the past seven years, organized the effort and said, "I think this will be a good way to get the girls working together again off the field, and will give them some important life experiences that I hope will make them better people. If we can have a great team experience and help feed people in our community who need assistance, that's a great afternoon in my book." The team is pictured (above) with Kate, who represents the children who need food assistance in the community.

CLICK HERE to learn more about the food needs of our community. Thanks to Coach Goldsmith and the U16 Shockers for being great ambassadors for CASL and our community.



Name: Stephanie Bronson
CASL Affiliation: '92 CASL Elite Alum
Current Affiliation: UNCW Women's Soccer Team

Stephanie, a junior midfielder for the UNC-Wilmington Women's Soccer Team, was recently

named a First-Team Women's Scholar All-South Region selection by the National Soccer Coaches Association of America. <u>CLICK HERE for the full story</u>. Congrats to Stephanie for working hard and setting an example on and off the field.



Stay connected with CASL - get information first through <u>Facebook</u> and Twitter (@casInc) Newsletter contact: Katharine Kelley, Director of Relations (katharine.kelley@casInc.com)