

RailHawks Spring Season is released. Home Opener is set for April 19th against Ft. Lauderdale. Keep an eye out for more info on **CASL Tower Tickets!**



CASL & WakeMed Healthy Families Campaign

As you prepare for the spring season, check out these healthy tips from WakeMed Health and Hospitals!

CASL Combines

Boys College Combine Saturday, January 25

Girls College Combine Saturday, February 15

CASL Winter Camps and Academies

Winter Youth Technical Academy (U11-U14)

Register Today

Winter Goalkeeping **Distribution School Register Today**





CONNECTION

January 6 – January 12

Date Reminder: Registration is OPEN for the Boys College Combine (Jan.25) & the Girls College Combine (Feb. 15).

CASL on par to donate \$10,000 to Kay Yow Cancer Fund

With 78 teams registered for the inaugural CASL Play 4Kay 4v4 Charity Soccer event, a silent auction ready to roll out, and vendors who have agreed to donate a portion of sales back to the Kay Yow Cancer Fund, CASL will be able to donate approximately (if not more than) \$10,000 to the Kay Yow Cancer Fund! Referees in the area generously donated their time to reduce our expenses, and we've tried to keep all other expenses to a minimum as well to keep focus on the cause of this tournament: to play soccer all in the name of ending women's cancers.



Schedules are set and teams will be travelling to the area with games starting at 8am. Thanks to all the teams that registered as they are kick-starting CASL's 40th Anniversary campaign!



CASL Donates 291 lbs of gently used soccer equipment to Helping Haiti and Soccer (H.A.N.D.S.)



On January 2, CASL sent representatives from H.A.N.D.S. back to Haiti (by way of Virginia) with soccer balls, uniforms, clothes, cleats, socks and much more. This equipment will be used to help

H.A.N.D.S. continue their mission of providing local orphanages, soccer teams and clubs in Haiti with much needed equipment. Their goal is to assist

Haitian people in developing a "soccer economy" that provides sustainable jobs, increased opportunities to play the game, and improved skills and knowledge through sharing coaching and player development resources. Thanks to your generous donations over time, youth in Haiti will have the opportunity to play the game of soccer.

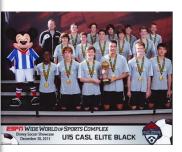




Name: '98 CASL Elite Black

Recognition: 2013 Disney Showcase Champions

Many CASL teams were traveling over the holidays to tournaments and showcases. The U15 CASL Elite Black came back as Champions. They won



the Championship – Red division at the Disney Showcase in December. Despite losing their first game 3-2, they battled back with a tie in game 2 against Atlanta Fire United SA 99 Elite and a 3-1 win over New York SC 98 to round out bracket play. Thy earned enough hpoints to move on to the championship bracket where they defeated the Southern Chelsea '99 Elite out of Georgia 3-1. Hopefully, this will be a good foreshadowing to their upcoming spring season!

Stay connected with CASL - get information first through Facebook and Twitter (@caslnc) Newsletter contact: Katharine Kelley, Director of Relations (katharine.kelley@caslnc.com)