



# CONNECTION

August 12 - 18, 2013

[Click here](#) to purchase CASL Tower discounted tickets at Carolina RailHawks games - as low as \$9.



Special thanks to [Peace Camera & Nikon](#) for their continued field sponsorship support over the years.

## CASL CALENDAR

### Saturday, August 17

RailHawks vs. NY Cosmos  
*\*Challenge Night\**

### Sunday, August 18

CASL Kick-Off & Ribbon Cutting Ceremony  
3pm-6pm  
*Raleigh's Mayor, Nancy McFarlane, will be on hand for this celebration*

### Saturday, August 24

Haven House & HEART Clinic  
8:30-10:30am  
Davis Drive Park  
[www.caslnc.com](http://www.caslnc.com)

Nominate an athlete, coach, player, parent, or referee for the weekly CASL Spotlight by emailing [Katharine Kelley](mailto:katharine.kelley@caslnc.com).

## Purchase a CASL Tower Ticket to the Next RailHawks Game for a Chance to Win a Nest Programmable WiFi Thermostat

CASL Sponsor ARS / Rescue Rooter to provide giveaway to one lucky CASL Tower attendee



The RailHawks will take on NY Cosmos on Saturday, August 17 at WakeMed Soccer Park at 7pm. If you purchase a CASL Tower discounted ticket, you will be entered into a drawing for a Nest programmable WiFi Thermostat and Free installation courtesy of [ARS / Rescue Rooter](#) (\$389 value). So, not only will you get to watch some of the best soccer around from the best seats in



the stadium, but also you will have a chance to go home with this awesome technology for your home. Nest learns your schedule, programs itself and can be controled from your smart phone! In the end, Nest can lower your heating and cooling bills up to 20%. You must be present to win – the drawing and announcement will be made at the start of halftime. Whether you are the lucky winner of the Nest or not, be sure to check out all that [ARS / Rescue Rooter](#) has to offer with their exceptional service guarantee.



## Hear, ye! Hear, ye! CASL's First CASL Connection Meeting set for Aug. 18

As part of this year's CASL Kick-Off event, the first CASL Connection "Town-Hall" meeting will be at 4:30pm. This will be in conjunction with the rest of the events going on during the kick-off including the Ribbon Cutting ceremony (3-6pm). We will have a set agenda of points to update you on, and then we will open it up for input and questions. CASL Connection meeting to be held on Eurosport Field.

## Volunteers Needed at CASL

Do you need a fun and rewarding way to earn your community service hours? Or, are you looking for a way to help grow the game of soccer at the grassroots level? If so, then CASL's Community Outreach Program is just the place for you. CASL provides opportunities during the season to volunteer. You could sign-up to assist youth with intellectual disabilities play soccer. Or, you could volunteer time to teach soccer and social skills to youth from Haven House Services who are in need of a positive activity. [Click here](#) to see a full list of volunteer times. Some paperwork is involved - for more information contact Community Outreach Manager [Martin Rodriguez-Arispe](#).



**Names: Dima**

**CASL Affiliation: Guest Challenge Player from Ukraine**

Dima just turned 11 years old, and since early June he has been staying with the Williams family. The Williams family has been heavily involved in CASL, and they recently brought Dima into their home. He has been

living in an orphanage in Ukraine, where he also loves to box. Dima was able to experience a lot of great things through this cultural exchange. He practiced and scrimmaged last week with a U13 Challenge boys' team, and then he travelled with them to a tournament in Wilson this past weekend. Dima came to the CASL office last week to receive his official new CASL jersey. Even though Dima heads back to Ukraine this Wednesday, we know that the Williams family and Dima's now extended soccer family at CASL has given him memories that will last a lifetime.



*Dima (in blue t-shirt) practicing with his Challenge CASL team.*

Stay connected with CASL - get information first through [Facebook](#) and Twitter (@caslnc)  
Newsletter contact: Katharine Kelley, Director of Relations (katharine.kelley@caslnc.com)



# CONNECTION

August 5 - 11, 2013

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Special thanks to [Harris Teeter](#) for their continued sponsorship support over the years. **Don't forget to link your VIC card to a school code to support [Together in Education](#).**

## CASL CALENDAR

**Saturday, August 10**

[HEART Clinic](#) @ Davis Drive Park – 9:30am  
Volunteer TODAY!

**Sunday, August 11**

[USYS/National Guard Free Clinic for Girls](#)

**Saturday, August 17**

RailHawks vs. NY Cosmos  
*\*Challenge Night\**

**Sunday, August 18**

CASL Kick-Off & Ribbon Cutting Ceremony  
3pm-6pm

*Raleigh's Mayor, Nancy McFarlane, will be on hand for this celebration*

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## Have your Games Recorded in HD CASL Announces Partnership with Top Form Soccer

CASL has joined forces with [Top Form Soccer Youth Video Production](#), a sports film production company that provides parents, coaches, teams, and players with high definition (HD) footage of their soccer games. CASL members are eligible to receive discounts on video services including a single game package (promo: casl1) and the CASL special three-game package (casl3). For team footage, costs start around \$6 per player per game. Take advantage of this opportunity today!

### Top Form Soccer Features:

- Professional cameramen
- 12-ft camera height for ideal view
- Private [team/player web pages](#) with video archive
- Coaching points and comments section
- HD Streaming
- Digital Download & Highlight Reels

### Benefits of Top Form Soccer:

- HD Quality Game Footage
- Coaches Aid
- Player Development
- Entertainment for fans
- Memories captured
- Great value



## FREE Soccer Clinic for Rising High School Age Girls

CASL is partnering with US Youth Soccer and the National Guard to host a **FREE Soccer for High School age girls in recreation, challenge and classic divisions of play**. The Clinic will be at WRAL Soccer Center on Sunday, August 11, from 4-6pm. Participants will get access to clinics run by experts in the soccer world, and they will receive a free t-shirt, camelback water bottle, a carabiner, and cinch pack!

Click [HERE](#) to register for this FREE clinic!

The following local soccer and health experts will be on hand to lead clinics:

- Chris Shaw: Barton College Head Women's Soccer Coach
- Paul Smith: Meredith College Head Women's Soccer Coach Men's Coach
- Andy Stokes: Louisburg College Head Women's Soccer Coach
- Paul Dinkenor: Leesville High School Head Womeh's Soccer Coach
- Dr. Mark Wood: Expert in athletic performance and injury prevention
- Paul Cummings: CASL Coach for the past 10 years



**Names: Claire Wagner**

**CASL Affiliation: '94 CASL Chelsea Ladies ECNL**

**Current Affiliation: Clemson University**

Claire has spent the summer down in Clemson, SC acclimating to college life by taking summer school and preparing for the upcoming soccer season. She was an integral member of the '94 CASL Chelsea Ladies ECNL team that won back-to-back National Titles in 2011 and 2012 among many other state and regional titles. Claire was a staple on the NC ODP and Region III ODP Regional teams for the better part of her CASL career. Her hard work paid off when she was selected to the U-17 National Team Camp in 2011. Claire is joining the Clemson Tigers on a high note as she was recently named to [TopDrawerSoccer.com's](#) Freshman XI Preseason Team. Claire humbly said, "The TDS mention would not have been possible without the coaching, teaching, and support from my long time coach at CASL – Damon Nahas, my CASL Chelsea teammates who are my 'family' for life, and the extended CASL staff including Rusty Scarborough, Paul Forster, John Bradford, Sean Nahas, and Charlie Slagle. Damon, in particular, has guided me since I was nine years old, and has been the major influence in my success on the field." We are proud to have Claire as part of our extended CASL 'family' for life!



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