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Concussion Information



CASL PROMOTIONS

<u>Top Form Soccer:</u> Codes for discounted HD game videos

Magnificent Mile Race

September 15, 2013 ~ 2pm Code: CASL \$5 Special Registration Rate

RailHawks Games: CASL Tower
Discounted Tickets

Raleigh City of Oaks Marathon

Sunday, November 3 ~ 7am Code: CASLRUNS for \$10 off; applies to all five races

Nominate an athlete, coach, player, parent, or referee for the weekly CASL Spotlight by emailing

Katharine Kelley.

www.caslnc.com



CONNECTION

August 26 – September 1, 2013

CASL Will Need YOUR Help in a Voter Competition Grant

Starting September 1, CASL will be reaching out to our parents and coaches for their help in winning a grant from Liberty Mutual Insurance. These funds will help CASL fulfill its mission of providing the highest quality instructional and competitive opportunities for youth athletes and to be a partner in improving the quality of life in Wake County. CASL can win a \$2500 community grant to help improve programming at all levels and ages of play through coaching



education for volunteer parents, scholarship aid, or equipment needs. We will register CASL on September 1 and then it will be open for voting. All you will have to do is complete a Responsible Sport Parenting or Resposible Coaching quiz and credit the point to CASL. At the end of the three month competition, the organization with the most points earns the \$2500 grant. CASL could be one of five large youth sport organizations to win this grant. More information to come!



CASL Team Volunteers with CASL Community Outreach

CASL U-12 Premier White Ladies donated their time on Saturday

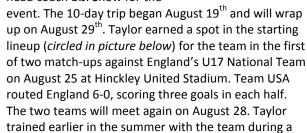
morning to CASL's Community Outreach program. A few of the girls were on hand to help with the **Haven House Clinics**, which are run in conjunction with the Diversion Program at Haven House Services of Raleigh. Nearly 30 youth practiced technical skills, played "versus" as they call it, which is 1v1, 2v2, and 3v3 small-sided games, and then scrimmaged. Following Haven House Clinics, all 13 Premier White Ladies were on hand to help with **HEART**, which is a CASL run soccer clinic for youth with intellectual disabilities. Many of the girls paired up with HEART participants and helped them navigate through small sided games and scrimmages. Everyone had an amazing experience, and we hope that you and/your team may want to join us for a community outreach volunteer opportunity.. Click here for more information times and details for volunteering or email Martin Rodriguez-Arispe, Community Outreach Manager for specific questions.



Names: Taylor Otto
CASL Affiliation: '96 CASL ECNL
Other Affiliation: U17 National Team

Taylor is currently in England with the U.S. U-17 Women's National Team. She is one of 20 MSUI

players who were called up by head coach B.J. Snow for the



28-player training camp at Ohio State University. Taylor has continued to stay grounded during this exciting time, and at one point in her young career she credited a lot of her success to her CASL team saying, "Playing for this team has taught me commitment, how to compete, and how to deal with adversity. It has also taught me how to respect the game I love. Best of all, being on this team gives me the chance to be with my friends almost every day. This team is like my family."



Stay connected with CASL - get information first through Facebook and Twitter (@casInc) Newsletter contact: Katharine Kelley, Director of Relations (katharine.kelley@casInc.com)