Click here to purchase CASL Tower discounted tickets at Carolina RailHawks games - as low as $9. Only TWO Home games left!

WakeMed

WakeMed Health & Hospitals

Special thanks to WakeMed Health and Hospitals, who has proudly sponsored CASL for nearly a decade. Keep an eye out for more tips from them on how to create and maintain a healthy and active lifestyle!

Concussion Information

CASL Calendar

October 11
CASL Night at Duke vs. NCSU
Men's Soccer game in Durham ~ 7pm ~ kids under 12 get in free; $4 discounted tickets available for parents
Contact Andy Burge for tickets (aburge@DUAA.Duke.edu)

October 19
8:30-10:30am Davis Drive
HEART & Haven House Clinics

November 3
Raleigh City of Oaks Marathon
CODE: CASLRUNS for $10 off

November 9-10
CASL's visitRaleigh.com National Soccer Series: Girls Shootout Weekend

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CONNECTION

October 7 – October 13, 2013

WRAL Soccer Park Welcomes PowerAde and Daly Seven Hotels

You have probably noticed that the two new synthetic turf fields that were under construction all summer are finally open for play. **PowerAde Field (#1)** and **Daly Seven Hotels (#2) Field** are booked with practices and games for the remainder of the fall season. Be sure to check out the field map to make sure you are on the right field, as we are still waiting on new field signage to be designed. You will see a lot more from PowerAde and Daly Seven Hotels as they are two new major sponsors with CASL. PowerAde, which is under the umbrella of Coca-Cola, will outfit much of the park through new cashless vending machines to arrive later this season, water coolers, and much more. Daly Seven Hotels is CASL's Official Hotel Provider, is already making a presence with a host of hotels across the state and VA, including Hilton Garden Inn Triangle Town Center, Hampton Inn Wake Forest and Hampton Inn Spring Forest, where you can make your home away from home when you are on the road. Click here for an easy view of and links to all Daly Seven Hotels. Keep an eye out for special CASL rates at their select hotels, but until then, we encourage you to support the businesses that support CASL's mission.

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CASL HEART To Take Center Stage on November 2 at the RailHawks game

CASL's HEART team has been invited to participate in an exhibition game during halftime of the final Carolina RailHawks regular season match-up. RailHawks players will be making their way to the final HEART session on October 19th to help coach the practice and small-sided games in preparation for the halftime event. This will be a great way for this group of athletes to wrap up the fall season, which featured six Saturday soccer sessions. CASL HEART is one of CASL's Community Outreach soccer initiatives that provide youth with intellectual disabilities the opportunity to play soccer. If you are planning to attend the last regular season RailHawks game (there are only two more home games left!), I encourage you to purchase your CASL Tower discounted tickets by clicking here and cheer on CASL HEART as they take the field! Don't forget, there is still time to VOLUNTEER with CASL's Community Outreach Program. Click here to sign up!

Name: U12 Premier White Girls

Shout out to the **U12 Premier White Girls** who have been busy lately. Not only have many of them volunteered for CASL's Community Outreach programs on their free Saturday mornings, but also they were the UNC Tar Heel ball girls this past Sunday. They were on hand to watch the Tar Heels defeat Maryland 3-1. They even got to stick around after the game to meet some of the players, get some autographs, and interact with former CASL players Caroline Lindquist and Joanna Boyles (pictured)!

Stay connected with CASL - get information first through Facebook and Twitter (@caslnc)

Newsletter contact: Katharine Kelley, Director of Relations (katharine.kelley@caslnc.com)